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Helpers / Home Care / Aged Care Assistant

Description

Job Description:

We are seeking compassionate and dedicated **Helpers / Home Care / Aged Care Assistants** to provide essential support to elderly and disabled individuals in their homes or care facilities. The ideal candidate should be patient, empathetic, and committed to improving the quality of life for clients by assisting with daily activities, personal care, and emotional support.

Responsibilities

Key Responsibilities:

1. Personal Care Assistance

- Assist clients with daily living activities, including bathing, dressing, grooming, and toileting.
- Help with mobility support, including transfers, walking, and physical therapy exercises.
- Ensure proper hygiene and comfort for clients at all times.

2. Household Support

- Perform light housekeeping tasks, such as cleaning, laundry, and organizing living spaces.
- Prepare and serve nutritious meals according to dietary requirements.
- Assist with grocery shopping and other errands.

3. Medical & Health Monitoring

- Remind clients to take medications as prescribed by healthcare professionals.
- Monitor vital signs and report any changes in health conditions.
- Assist with basic first aid and emergency response when needed.

4. Emotional & Social Support

- Provide companionship and engage clients in meaningful conversations.
- Encourage participation in social activities, hobbies, and light exercises.
- Offer emotional support and reassurance to enhance the client's well-being.

5. Compliance & Safety

- Follow safety protocols and infection control procedures to protect clients and caregivers.

Hiring organization

Medi Care

Employment Type

Full-time

Duration of employment

2 Years, Extendable

Industry

Medi Care Out Source

Job Location

New Zealand

Working Hours

09:00 to 18:00

- Maintain accurate records of daily care activities and report concerns to supervisors.
- Adhere to all care policies and ethical guidelines.

Qualifications

Qualifications & Requirements:

- **Education:** High school diploma or equivalent; certification in home care, aged care, or nursing assistance is a plus.
- **Experience:** [Specify required experience, e.g., 1+ years in caregiving, home care, or elderly assistance].
- **Skills:**
 - Strong interpersonal and communication skills.
 - Patience, empathy, and a caring nature.
 - Ability to handle physically demanding tasks, such as lifting and mobility assistance.
 - Basic knowledge of health and safety procedures.

Job Benefits

- Competitive salary and benefits package.
- Supportive and professional work environment.
- Opportunities for training and career advancement.
- A fulfilling role in providing care and improving lives.

If you have a passion for caregiving and making a difference in people's lives, we encourage you to apply.

Contacts

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